



Please help us keep our food pantry shelves stocked!

Most Needed Food Donations

| | | | |
|---------------|-------------|-------------------|----------------|
| Peanut Butter | Pasta | Canned Fruits | Canned Salmon |
| Jelly | Pasta Sauce | Canned Vegetables | Canned Meats |
| Rice | Cereal | Canned Soups | Canned Chicken |
| Dry Beans | Oatmeal | Canned Tuna | Canned Beans |



The Society of St. Vincent de Paul, Our Lady of Guadalupe Helotes Conference, provides help and hope to more than 3,600 brothers and sisters in need every year. Thank you for helping us help others!

www.svdphelotes.org